



Liverpool  
City Council



# Independent Travel Training

## **What is Independent Travel Training?**

The Independent Travel Training (ITT) service offers children and young people who have Special Educational Needs & Disabilities (SEND) training on a set of essential skills. These skills will enable them to travel independently to and from school or college.

## **Who is eligible?**

The programme is open to young people up to the age of 18 years (by the 31 August) and under who are eligible for SEN Transport.

## **What does the Independent Travel Training programme involve?**

The programme includes both practical and classroom based sessions, covering various topics personalised to the needs of the trainees. This ensures they are able to learn at their own individual pace.

### **Examples of what the training programme includes:**

- Planning their journey
- Understanding personal, community & road safety
- One to one coaching
- Learning walking routes
- Understanding the environment
- Using timetables and visual aids
- 'What if' situations
- Asking for help
- Using money

## **Who can apply/make a referral for Independent Travel Training?**

- SEN Services
- Schools, Colleges
- Parents/carers
- Other involved agencies

All of these services will be able to identify the students who may benefit from travel training.

## **How long will the Travel Training take?**

Travel Training will take as long as is needed to train the young person so that they are safe, confident and ready to travel independently. Each trainee has their own risk assessed, detailed journey plan. This is recorded and rehearsed in a format that is consistent with their needs.

## **What are the benefits of Travel Training?**

- Increases independence
- Increases confidence and self esteem
- Improves social skills and helps learn how to cope in a variety of situations
- Opens up routes to further education and employment in the transition to adulthood
- Increases level of health & well-being
- Reduces reliance on family and friends

## **Can parents/carers get involved in the training?**

Parents/carers are involved right from the start. The trainer will meet with them to discuss the programme and complete the assessments. This will inform the trainer of the young person's previous experience and help in planning their individual journey. Progress and achievement are measured and monitored and fed back to parents/carers.

## **What happens once Travel Training has been completed?**

The young person will only be 'signed off' when the Travel Trainer is confident that they have reached their level of independence. Once they have completed the programme the trainee will be presented with a certificate of recognition. We will continue to evaluate and assess the young person once their training has been completed and offer ongoing support.

## **How can we apply/make a referral?**

To refer a young person to the Independent Travel Training programme, please complete a referral form which can be requested by contacting the ITT team on [itt@liverpool.gov.uk](mailto:itt@liverpool.gov.uk) or access Liverpool's Local Offer/Transport [liverpool.gov.uk/schools-and-learning/special-educational-needs/send-local-offer/transport](http://liverpool.gov.uk/schools-and-learning/special-educational-needs/send-local-offer/transport)

Please return the referral form to [itt@liverpool.gov.uk](mailto:itt@liverpool.gov.uk) or return to:-  
**Independent Travel Training Team,**  
Liverpool City Council, Municipal Buildings,  
Dale Street, Liverpool L2 2DH